

KOKORO

s u s h i  b e n t o

Take out OK!

2 FOR €1.75

SUSHI & ROLLS

- Salmon Nigiri - Sake
- Mackerel Nigiri - Saba
- Tofu Nigiri v
- Japanese Omelet - Tamago v
- Cucumber Hosomaki v
- Salmon Hosomaki
- Avocado Hosomaki v
- Oshinko Hosomaki v
- Kampyo Hosomaki v

2 FOR €2.00

SUSHI & ROLLS

- Prawn Nigiri - Ebi
- Octopus Nigiri - Tako
- Squid Nigiri - Ika
- Smoked Salmon Nigiri
- Baked Aubergine Nigiri v
- Tilapia Nigiri
- Tuna Hosomaki
- Inari Sushi - Tofu Pouch
- Chicken Teriyaki Roll
- Crab & Cucumber Hosomaki
- Sweet Pumpkin Roll v
- Salmon, Asparagus & Cream Cheese Roll
- Prawn & Red Pepper with Kimchi Sauce Roll
- Smoked Salmon, Masago & Cream Cheese Roll

2 FOR €2.25

SUSHI & ROLLS

- Tuna Nigiri - Maguro
- Sweet Shrimp Nigiri - Amaebi
- Seared Tuna Teriyaki Nigiri
- Seared Tuna Nigiri
- Seared Salmon Mayo Nigiri
- Yellowtail Hamachi Nigiri
- Eel Nigiri - Unagi
- Smoked Salmon Tamago
- Poached Salmon & Dill Roll
- Wasabi Chicken Roll
- BBQ Duck Roll
- King Prawn, Smoked Salmon & Cream Cheese Roll
- Spicy Tuna Roll
- Spicy Salmon Roll
- Spicy Salmon Gunkan
- Smoked Salmon & Chives Omelet
- Smoked Salmon & Creamcheese
- Crabmeat & Avocado Roll
- Crunchy Prawn Roll
- Prawn & Tobiko Roll
- Salmon Roe Gunkan - Ikura
- Tobiko & Cucumber Gunkan
- Tuna & Spring Onion Gunkan
- Wasabi Tobiko Gunkan
- Shiso Chopped Salmon Gunkan

BENTO HOT

- Chicken Yakisoba €5.95
- Beef Curry €5.95
- Chicken Curry €5.95
- Beef Teriyaki €5.95
- Chicken Teriyaki €5.95
- Cha-Han €5.95
- Spicy Seafood Rice €5.95
- Don Buri (Beef Bowl) €5.95
- Tofu Pumpkin & Curry v €5.95

BENTO COLD all Cold Bento are served with a Miso Soup

- **Kokoro Sushi Bento** €6.95
Premium Daily Selected Sushi, Salmon, Tuna & Vegetable Futomaki Rolls, Mixed Leaf & Daikon Salad, Seasoned Rice, Toasted Mixed Seeds, Soya Beans with Ginger, Soya & Wasabi.
- **Omega 3 Salmon Superior Bento** €6.95
Omega 3 Packed Selection of Superior Salmon Sushi, Salmon & Mixed Vegetable Rolls, Baby Leaf Salad, Mung Beans, Soya Beans, Toasted Seeds with Ginger, Soya & Wasabi.
- **Heart and Soul Bento** €8.95
Yellow Fin Tuna & Superior Salmon Sushi, Salmon Sashimi, Fresh Crabmeat & Salmon Maki Rolls.
- **Stamina Bento v** €6.45
Avocado, Rocket & Baby Leaf Salad with Mung Beans, Seasoned Premium 5 Grain Organic Rice, Mixed Seeds, Soft Egg & Soya Beans. With a Herb Dressing.
- **Yellow Fin Tuna Tataki Bento** €7.25
Sesame Crusted Seared Tuna, Soft Egg, Baby Leaf Salad, Edamame, Sesame Green Beans, Seasoned Rice & Toasted Mixed Seeds with Shiso-Wasabi Dressing.
- **Sashimi Bento** €6.95
Superior Salmon & Yellow Fin Tuna Sashimi, Baby Leaf Salad, Daikon & Seaweed, Edamame, Seasoned Rice & Toasted Mixed Seeds with Ginger, Soya & Wasabi.

TEMAKI

- Salmon Avocado Temaki €2.50
- Crabmeat Avocado Temaki €2.50
- Chicken Teriyaki Temaki €2.50

SUSHI WRAPS

- Salmon & Avocado €4.50
- Spicy Beef & Edamame €4.50
- Prawn Tempura €4.50

- Edamame Beans v €3.00
- Miso Soup €2.50
- Vegetarian Miso Soup €2.50
- Spicy Seafood Soup €3.50
- Steamed Rice €2.00
- Kokoro Rice €3.00

Brown Jasmine Rice, Red Jasmine Rice, Barley,
Red Kidney Bean, Split Mung Bean (Nutritional Balance)

DESSERT

- Green Tea Cheesecake €2.00
- Green Tea & Buckwheat Cookies €2.50
- Dorayaki - Aduki Bean €3.00
- Dorayaki - Custard €3.00